



2015

ANNUAL REPORT

MENTAL HEALTH FIRST AID AUSTRALIA

Mental Health First Aid Australia is a national not-for-profit organisation focused on mental health training and research. MHFA Australia develops, evaluates and provides a variety of training programs and courses.

MHFA Australia operates under the governance of a Board of Directors and derives funding from government and philanthropic grants, public donations and through its training programs.

MHFA Australia is a registered tax-exempt health promotion charity with DGR (Deductible Gift Recipient) status.

Our vision is a community where everyone has the first aid skills to support people with mental health problems.



Instructors Gary Janke and Craig Heron with Aboriginal and Torres Strait Islander MHFA course participants in June 2015.

Our mission is to provide high quality, evidence-based mental health first aid education to everyone.



Instructor Francis Acquah with Standard MHFA course participants at Diamond Valley Learning Centre Greensborough, Victoria.

The MHFA Australia Team

OUR TEAM



Betty Kitchener AM
CEO



Nataly Bovopoulos
Deputy CEO



Dr Claire Kelly
Youth Programs
Manager and Instructor
Coordinator



Gloria Claessen
Consultant Instructor
Trainer and Instructor
Coordinator



Katrina Dart
Consultant Instructor
Trainer and Instructor
Coordinator



Tony Hoare
Consultant Instructor
Trainer



Leanne Northausen
Senior Finance Officer



Emiliano Fernandes
Accountant



Dr Kathy Bond
Research Officer



Emma Carey
PA to the CEO



**Louise Woodruff
Sanz**
Program Coordinator



Maria Vaid
Program Coordinator



Ailsa Krefft
Program Officer



Kath Birt
Web and
Communications
Officer (to Nov 15)



Belinda Azzaro
Marketing and
Communications
Officer



Sunny Yiu
Senior Drupal
Developer &
DevOps Engineer



Nick Lye
Drupal Developer



Brendan O'Keefe
Tech Support and
Digital Media Officer

Not pictured

Hanee Gem O'Keefe
Office Assistant (casual)

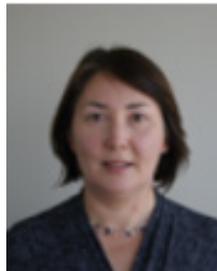
Kirsteen Hede
Website Tester (casual)

Fairlie Cottrill
Marketing & Communications Officer (casual)

OUR BOARD



Professor Tony Jorm
Chair



Annette Weier
Vice Chair



Betty Kitchener



Nataly Bovopoulos



Justine Murphy



Tony Natoli



Felicity Dougherty



Krystian Seibert



Angus Clelland



Some of the MHFA Australia team with the University of Melbourne Population Mental Health Group celebrating the one millionth Mental Health First Aider.

To improve mental health first aid skills in the global community

STRATEGIES

- a. *Support the provision of the existing MHFA Courses in the community.*
- b. *Be appropriately responsive to opportunities to develop programs that meet the diverse needs of the community.*
- c. *Train, support and assist MHFA Instructors to improve mental health first aid skills in the community, by helping them build capacity and reach.*
- d. *Support appropriate overseas organisations to adopt and adapt the MHFA Program.*

NEW COURSES LAUNCHED IN 2015



eLearning Mental Health First Aid Course in the Pharmacy

The eLearning MHFA Course in the Pharmacy is essential training for all pharmacists and front line pharmacy staff. Informed by a reference group of pharmacy professionals across Australia, this course teaches pharmacists and pharmacy staff how to assist a customer who is developing a mental health problem or in a mental health crisis.



Blended Mental Health First Aid in the White-Collar Workplace

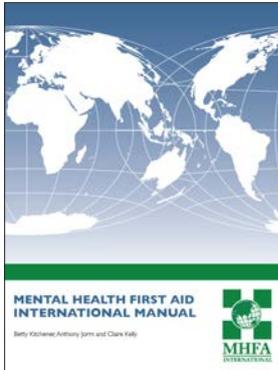
Designed for workplaces that require increased flexibility in the delivery of training for their staff members, the Blended Mental Health First Aid Course for the White-Collar Workplace is a combination of online course and a half day of follow-on face-to-face training. The course teaches managers, supervisors and individuals how to assist a co-worker who is developing a mental health problem or experiencing a mental health crisis.



Blended Mental Health First Aid for the International Legal Industry

This course is suitable for global legal firms in offices in Australia, where staff operate across countries. It has been conducted so far for the global law firm Norton Rose Fulbright.

NEW MANUAL



Mental Health First Aid International Manual

This manual is most relevant to people living in developed countries, which have established mental health care systems equivalent in standard to those in Australia and where the culture could be described as Western. This Mental Health First Aid International Manual is based on the 3rd edition Standard Australian Mental Health First Aid Manual, with an additional chapter on Eating Disorders adapted from the 3rd edition Australian Youth Mental Health First Aid Manual. Information specifically related to the Australian context has been replaced by equivalent international information.

mhfa.com.au/shop/international-mhfa-manual-2015

NEW FILMS



I'm Fine

This film is designed to accompany the forthcoming teen Mental Health First Aid for Years 7-9 Course. This is a 7-minute scripted film showing a teenager helping her school friend who has a mental health problem.



You Talking About Killing Yourself?

This 10-minute scripted film is set at a family backyard barbeque where the middle aged man is suicidal and helped by his cousin. This film will accompany the forthcoming 4-hour course on Mental Health First Aid to Help a Suicidal Person.



U Right?

This 11-minute scripted film depicts how to use the MHFA Action Plan to help an Aboriginal teenager who is depressed. This film can be shown in either the 14-hour Youth MHFA course: mhfa.com.au/courses/public/types/youth or the 14-hour Aboriginal and Torres Strait Islander course: mhfa.com.au/courses/public/types/aboriginal



You Talking Suicide?

This 10.5-minute film will accompany the forthcoming 4-hour MHFA course on how to help a suicidal Aboriginal or Torres Strait Islander person. It shows an Aboriginal youth worker helping a young Aboriginal man who is suicidal.

MAJOR HIGHLIGHTS IN 2015



In mid-2015, a milestone was reached with more than one million MHFAiders trained worldwide since the MHFA Program began in 2000.



By end of 2015, over 2% of Australian adult population had been trained in a MHFA course since the beginning of the program.



In mid-2015, a new online 3-year accreditation program was launched for MHFAiders in Australia. By the end of 2015, 4,804 MHFAiders had been accredited and will be eligible to undertake a refresher MHFA course in 3 years time.

Total of 3,486 courses delivered to 46,182 participants, an increase of 28% trained in the last 12 months and 62% in the last 5 years.

NEW INSTRUCTORS ACCREDITED IN 2015:

Total of 368 new Instructors, an increase of 3% trained in the last 12 months and 33% in the last 5 years.



**213 Standard
MHFA Instructors**



**33 Aboriginal and
Torres Strait Islander
MHFA Instructors**



**90 Youth
MHFA Instructors**



**32 teen MHFA
instructors**

INTERNATIONAL ACTIVITIES

International MHFA Summit

In mid September 2015, the inaugural 2-day MHFA International Summit was held in Vancouver, hosted by the MHFA Canada Program, within the Mental Health Commission of Canada (MHCC). Senior staff from all MHFA Programs across the world were invited. Tony Jorm, Betty Kitchener, Nataly Bovopoulos and Claire Kelly attended from MHFA Australia. Eight overseas MHFA Programs were represented by 22 delegates: Australia, Bermuda, Canada, England, Finland, Ireland, Japan and the USA.

New countries licensed to tailor and conduct the MHFA Australia Program

MALTA

In March 2015, the Richmond Fellowship adopted the Standard MHFA Course. Betty Kitchener worked for one week with this organisation in Valetta to help this process.

THE NETHERLANDS

The GGzE mental health organisation, based in Eindhoven, adopted the Standard and Youth MHFA Courses. In October 2015, Gloria Claessen and Betty Kitchener travelled to Eindhoven to work with the key stakeholders to help them tailor the MHFA courses to be best suited to their country.

Countries Updating Their MHFA Programs

MHFA JAPAN

MHFA Japan program updated its course materials to be consistent with MHFA Australia 3rd edition.

NORTHERN IRELAND

In November 2015, Betty Kitchener visited the MHFA Northern Ireland program to help it update its Standard and Youth materials from 1st to 3rd edition MHFA Australia materials.

International MHFA Newsletter

An International MHFA Newsletter was distributed to all overseas organisations conducting a MHFA Program, with information from all the MHFA programs across the world.

https://mhfa.com.au/sites/default/files/mhfa-i-news-april-2015-web_0.pdf



Betty Kitchener and Tony Jorm and one millionth MHFAider cupcakes at the International MHFA Summit.



Delegates at the International MHFA Summit, Vancouver Canada, September 2015

To ensure all MHFA programs are current, evidence based and rigorously evaluated



STRATEGIES

- a. *Conduct and facilitate research to inform the curriculum of courses.*
- b. *Keep up to date with relevant research to inform the curriculum of courses.*
- c. *Select and support Instructors for ongoing quality course delivery.*
- d. *Conduct and facilitate well-designed course evaluation and impact assessment.*

COMPLETED RESEARCH TO DEVELOP GUIDELINES TO INFORM CURRICULUM

The following MHFA Guidelines were developed using Delphi expert consensus studies and are available for free download on the MHFA Australia website:

Guidelines for Providing MHFA to People with Mental Illness and Financial Problems

These guidelines are about how a financial counsellor, a mental health professional, a carer, family member or friend can support a person who is experiencing mental health problems and financial difficulties. The guidelines are based on the expert consensus of panels of Australian financial counsellors, financial institution staff, mental health professionals, mental health consumers and carers.

Guidelines for Providing MHFA to a Person with a Gambling Problem

These guidelines are designed to help members of the public to provide first aid to someone who has gambling problems. These guidelines are based on the opinions of

panels of people with personal experience of gambling problems in themselves or others close to them, and mental health professionals with expertise in gambling problems from Australia, Canada, New Zealand, UK and USA.

Guidelines for Providing MHFA to a Confused Older Person

These guidelines are designed to help a family member, friend, neighbour, concerned community member or a paid carer without specialist qualifications to provide assistance to an older person experiencing confusion or cognitive changes associated with dementia, delirium or another condition. These guidelines are based on consensus of panels of people with expertise in dementia and delirium, either as a carer or a professional, from Australia, Ireland, New Zealand, UK and USA.

ONGOING RESEARCH TO DEVELOP GUIDELINES TO INFORM CURRICULUM

During 2015, Delphi expert consensus studies were begun to develop guidelines on:

- Considerations when offering MHFA to a person from the LGBTIQ community
- Assisting a young Aboriginal person who is suicidal
- Assisting a young Aboriginal person who is engaging in non-suicidal self-injury
- Assisting an Aboriginal or Torres Strait islander person with a gambling problem
- Assisting recently arrived Iraqi refugees
- Offering mental health first aid to a work colleague

COMPLETED RESEARCH TO EVALUATE COURSE OUTCOMES

Evaluation of the Tailored MHFA Course for Medical and Nursing Students.

This study aimed to evaluate the effectiveness of a tailored MHFA course for nursing and medical students in both face-to-face and eLearning modes. 434 nursing and medical students completed pre- and post-course surveys measuring mental health first aid intentions, mental health literacy, confidence in providing help, stigmatising attitudes and satisfaction with the course. The results of the study showed that both the online and face-to-face courses improved the quality of first aid intentions towards a person experiencing depression, and increased mental health literacy and confidence in providing help. The training also decreased stigmatizing attitudes and desire for social distance from a person with depression.

ONGOING RESEARCH TO EVALUATE COURSE OUTCOMES

MHFA Training for Australian Financial Counsellors

There is a significant link between financial difficulties and mental health problems. The study aims to determine whether MHFA training is effective in improving financial counsellors' ability to recognise mental health problems in clients and appropriately support them to get help. Financial counsellors are completing either face-to-face or online MHFA training and pre- and post-course surveys are measuring MHFA intentions, mental health literacy and stigmatising attitudes.

WorkplaceAid: a randomised controlled trial on improving MHFA skills in the workplace

This study is looking at the effects of 2 delivery models of MHFA training in the workplace with Victorian and Canberran public servants. It compares a tailored eLearning MHFA courses combined with a face-to-face session (the blended MHFA course), a tailored eLearning MHFA course only and an eLearning Apply First Aid (control condition). The aim is to look at the effects on mental health first aid knowledge, recognition of mental health problems, stigmatising attitudes, supportive behaviour if someone at work develops a mental health problem, confidence in providing this help and participant mental health. The study will look at the effects of the training immediately after, then one year and two year post training. This study is being carried out in a partnership between MHFA Australia and the Centre for Mental Health, Melbourne School of Population and Global Health, University of Melbourne with funding from NHMRC.

workplaceaid.net.au

TeenAid: a randomised controlled trial on improving MHFA skills in upper high school students

This is a cluster randomised controlled trial of the teen MHFA course with secondary high school students in Years 10-12 in 4 Victorian schools. The 1hr X 3 sessions teen MHFA course is being compared with a short physical first aid course as the control. Students are being assessed at pre, post and 12 months after training. Knowledge, attitudes, confidence, belong behaviour and student mental health will be assessed. This study is a collaboration with the Centre for Mental Health, Melbourne School of Population and Global Health, University of Melbourne with funding from Australian Rotary Health.

First aid training for parents of teenagers

A large randomised controlled trial is being carried out to find out if providing Mental Health First Aid training to parents when their child is in early adolescence has a long-term benefit to their relationship with their child and to the child's mental health. Mental Health First Aid training is being compared to Red Cross first aid training as a control. This study is a collaboration with the Centre for Mental Health, Melbourne School of Population and Global Health, University of Melbourne with funding from NHMRC.

www.tpot.net.au

PUBLICATIONS

Bond KS, Chalmers KJ, Jorm AF, Kitchener BA, Reavley NJ. Assisting Australians with mental health problems and financial difficulties: a Delphi study to develop guidelines for financial counsellors, financial institution staff, mental health professionals and carers. *BMC Health Services Research* 2015; 15:218.

Bond KS, Jorm AF, Kitchener BA, Reavley NJ Mental health first aid training for Australian medical and nursing students: an evaluation study. *BMC Psychology* 2015; 3:11.

Bond K, Jorm A, Miller H, Rodda S, Reavley N, Kelly C, Kitchener B. Supporting people with gambling problems to seek help and recover: guidelines for the public. Victoria, Australia: Victorian Responsible Gambling Foundation; 2015.



Instructor Fred Stern with teen MHFA Course participants.



Instructor Fiona Blee with Youth MHFA Course participants.

To be recognised as the leader in mental health first aid education

STRATEGIES

- a. *Invest in MHFA's brand profile and awareness.*
- b. *Promote indicators of leadership and the effectiveness of MHFA.*
- c. *Pursue opportunities to receive recognition for the quality of MHFA programs.*
- d. *Cultivate relationships with well respected, relevant organisations and community groups that have complimentary objectives.*
- e. *Raise awareness of MHFA with the media, government, business.*

MAJOR MEDIA AND PROMOTION ACTIVITIES

Claire Kelly interviewed on ABC Radio Life Matters in October.

abc.net.au/radionational/programs/lifematters/little-acts-of-kindness-that-canchangelives/6822872

Launch of the MHFA for Skilled Workplaces Initiative to publicly recognise workplaces that have embraced the MHFA program for their employees.

mhfa.com.au/cms/mental-health-first-aid-skilled-workplace-initiative

Campaign on a MHFA Officer in Every Workplace with articles in The Age, radio interviews with Nataly Bovopoulos on Radio National, 774 ABC.

abc.net.au/radionational/programs/breakfast/calls-for-workplaces-to-have-mental-health-first/6933958

MHFA Program profiled by ABC Asia Pacific for Mental Health Week in October.

abc.net.au/news/2015-10-10/mental-health-first-aid-trains-over-1-million-people-worldwide/6842974

Michelle Obama publicly endorsed MHFA at a Washington event in March.

youtube.com/watch?v=_ax5LxRVVuQ

AWARDS

Betty Kitchener was the Australia Day Ambassador at Birchip and Donald, Victoria.

Betty Kitchener was appointed a Member of the Order of Australia (AM) for her MHFA work on 28th January 2015.

[www.gg.gov.au/sites/default/files/files/honours/ad/ad2015/Media%20Notes%20-%20AM%20\(A-L\).pdf](http://www.gg.gov.au/sites/default/files/files/honours/ad/ad2015/Media%20Notes%20-%20AM%20(A-L).pdf)

Betty Kitchener received the Chancellor's Alumni Award at the University of Canberra in September.

www.canberra.edu.au/alumni/home/our-community/distinguished-alumni/2015-distinguished-alumni-award-winners



Betty Kitchener receiving her AM medal.

CONFERENCE PRESENTATIONS

Betty Kitchener presented at the Annual Rotary District Conference in April in Goondiwindi, QLD.

Nataly Bovopoulos presented at Mental Health in the Workplace Conference in April in Melbourne.

Betty Kitchener invited to present at Lend Lease annual leadership forum in May and Leadership Development Day run by Social Leadership Australia in May.

Betty Kitchener, Nataly Bovopoulos and Dr Claire Kelly ran a symposium on Mental Health First Aid at TheMHS Conference in August in Canberra, ACT.

Betty Kitchener, Prof Tony Jorm, Nataly Bovopoulos and Dr Claire Kelly delivered talks and ran workshops at the inaugural Mental Health First Aid International Summit in September in Vancouver, Canada.

MENTAL HEALTH FIRST AID SKILLED WORKPLACES INITIATIVE

In April 2015, Mental Health First Aid Australia launched the Mental Health First Aid Skilled Workplaces Initiative to recognise and reward the many workplaces across Australia that are doing wonderful work in increasing mental health literacy by rolling out MHFA Courses for employees.

These workplaces are committed to MHFA training and are recognised as a Skilled Workplace with their level of recognition achieved during 2015 listed below:

GOLD

- ATC Midwest
- Batemans Bay High School
- Better Hearing Australia
- Blackmans Bay Childrens Services Inc
- Browns Supa IGA
- Byron Bay High School
- Castle Personnel Services
- Casuarina Prison
- Community Living Australia
- Dubbo School of Distance Education
- Evocca College, Beenleigh Campus
- Greenwood College
- Helping People Achieve- HPA
- Hope Community Services - Perth Metro
- Hope Community Services - Rosella House
- Hume Employment Service
- Inner South Community Health
- International Grammar School
- Jacaranda Clubhouse Association
- Job Centre Australia Pty Ltd
- Leo Cussen Centre For Law
- Manningham Community Health Services
- Mission Australia WA
- Monash Residential Services
- Naracoorte High School
- Independent Learning Centre
- NB&A Group
- New England Partners in Recovery Consortium
- Personnel Administration Centre, Dept of Defence
- Re-engage Youth Services Inc
- Respect Inc.
- RichmondPRA - Marius St, Tamworth Office
- RichmondPRA - Morissett St, Queanbeyan Office
- RichmondPRA - O'Connel St, Tamworth Office
- Southern Mallee Primary Care Partnership
- SRC Solutions
- TASC National
- The Mining and Quarrying Occupational Health & Safety Committee
- The Personnel Group
- Uniting Care Wesley Port Adelaide Inc.
- Uniting Recovery and Uniting Hope

- Warialda High School
- Warracknabeal Secondary College
- Weeroona Association Inc
- Wellsprings for Women Inc.
- West Coast Institute of Training
- Whittlesea Community House
- Willyama High School
- Wimmera Southern Mallee LLEN
- Work Life Smart Systems
- Youth Opportunities Association (SA) Inc

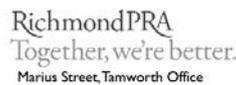
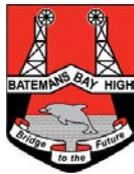
SILVER

- Interchange Gippsland
- Kinross College
- Loddon Shire Council
- MTC Australia
- Northern Sydney Institute
- RCR Resources
- Warrina Services

BRONZE

- Ellenbrook Secondary College

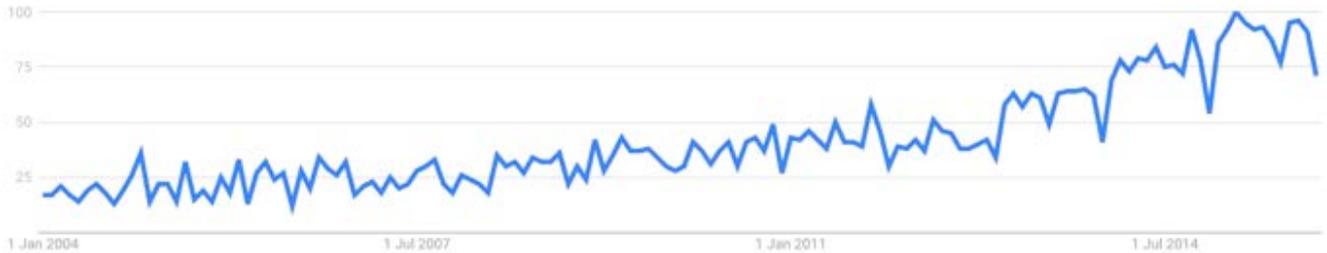
MHFA SKILLED WORKPLACES AWARDED GOLD IN 2015



ONLINE EXPOSURE

Google Search Trends

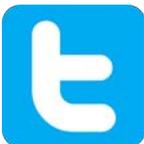
Growth in the use of the term 'mental health first aid' from 2004 to December 2015



SOCIAL MEDIA EXPOSURE



Total of 12,020 interactions generated for the year across 74 posts with an increase of 5,887 followers.



Total of 4,939 followers, with 448 engagements over 139 Tweets.

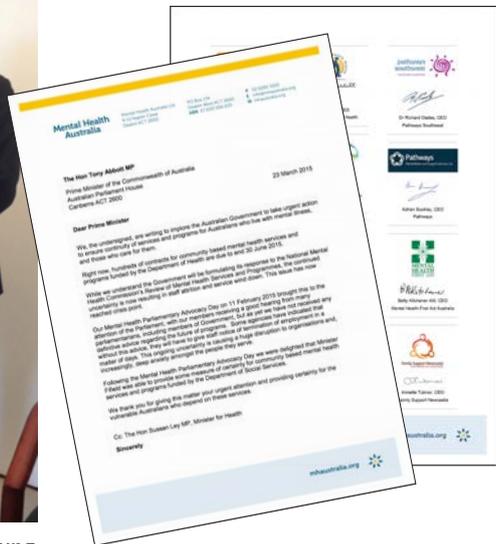
Facebook began with 3,591 likes at the beginning of the year with 8,022 likes by 31 December 2015



To be an effective advocate for our vision



Betty Kitchener with (L-R) Hon Terri Butler MP, Margaret Springgay, Leonie Young and Chris Gatenby at Parliament House Canberra February 2015.



STRATEGIES

- a. *Identify where systemic changes are required to achieve our vision.*
- b. *Raise awareness about the need for change and propose pathways to achieve it.*
- c. *Engage with and persuade decision makers and influencers.*

- MHFA Australia continues to be a member of the peak body Mental Health Australia.
- Betty Kitchener attended the Mental Health Advocacy Day at Parliament House, Canberra, organised by Mental Health Australia to lobby the Australian Government to release funding for the mental health sector.
- MHFA Australia was a signatory to an Open Letter from Mental Health Australia to the Prime Minister and First Ministers, urging mental health reform.
- Betty Kitchener and Nataly Bovopoulos met with Georgie Harman, CEO beyondblue.
- Betty Kitchener and Nataly Bovopoulos met with Kane's Crusade to lobby the Victorian Government to make the Youth MHFA course mandatory for high school teachers.
- The review by the National Mental Health Commission of the Australian mental health services and programs, released in April 2015, recommended the MHFA course for different groups of people, including workers in human services, justice, health, education systems and human resources, community members, general health workers and all frontline workers.
- Betty Kitchener attended a number of member meetings of the National Coalition for Suicidal Prevention.
- Advocacy was carried out to different members in the aviation, legal, mining and football industries to advocate for the value of MHFA courses for staff.

To be operationally & financially sustainable

STRATEGIES

- a. *Prudently and effectively manage resources.*
- b. *Secure sustainable and diverse income streams.*
- c. *Translate effective governance principles into practice.*
- d. *Implement a risk management framework.*
- e. *Ongoing monitoring of KPIs by the Board.*
- f. *Review internal operations to ensure delivery of services is effective and sustainable.*

MHFA Australia would like to thank the following people and organisations for supporting us in 2015.

DONATIONS

A total of \$265,949 was received in donations during 2015, including the following:

\$50 AND OVER

Ben Sandow Betty Kitchener
 Maree Norris Natalie Whyte
 Richard Glover Sathiaraj Vravipillai
 Shane Crawford Suzan Heatly

\$500 AND OVER

Aimee Harel
 Robert McNamara

\$1500 AND OVER

Ashlie Guest and 'It's Okay to Say'

MAJOR DONORS

Anthony Jorm
 Lendlease
 Traveleague
 Black Dog Ride Australia

At the Christmas Traveleague function, 820 delegates raised more than \$19,000 which MHFA Australia will be using to support the development of MHFA Courses.

Lendlease donated \$80,000 which we are using to develop films for the forthcoming MHFA for the Older Person Program launching in 2016.

The Black Dog Ride raised \$145,583 which will be used to fund delivery of Youth and teen MHFA Programs in disadvantaged high schools across Australia.

PRO-BONO SUPPORTERS

Ashurst Australia
 Norton Rose Fulbright Australia

GRANTS

Australian Government Department of Health extended its grant for training of some select frontline workers in the MHFA course.

Australian Government Department of Prime Minister and Cabinet provided funding to support the Aboriginal and Torres Strait Islander MHFA Program.

2015 STATEMENT OF COMPREHENSIVE INCOME

	Note	2015 \$	2014 \$
Revenue			
Government funding	2	1,643,169	1,935,641
Non-government funding	2	144,392	75,772
Training		1,015,153	898,609
Sales		1,266,436	1,017,295
Other		731,082	442,448
Interest income		91,794	67,172
Total Revenue		4,892,026	4,436,937
Expenses			
Cost of sales		910,246	745,958
Website		48,401	97,112
Accounting		9,950	2,250
Bank fees		14,681	13,736
Rent & outgoings		69,476	66,690
Finance costs		5,653	12,441
Telephone		9,872	7,384
Depreciation		18,675	8,529
Inventory write off		857	11,530
Other		1,123,557	1,140,704
Payroll		1,048,951	850,810
Insurance		9,393	9,715
Audit fees	3	11,200	10,017
Total expenses		3,280,912	2,976,876
Surplus for the period		1,611,114	1,460,061
Total comprehensive income attributable to members of the entity		1,611,114	1,460,061

The accompanying notes form part of these financial statements

STATEMENT OF FINANCIAL POSITION AS OF 31 DECEMBER 2015

Assets		2015	2014
Current assets	Note	\$	\$
Cash & cash equivalents	4	5,672,974	3,721,424
Trade receivables	5	161,526	21,372
Inventory	6	149,283	185,028
Other current assets	7	46,751	42,799
Total current assets		6,030,534	3,970,623
Non-current assets			
Property, plant and equipment	8	37,928	17,036
Total non-current assets		37,928	17,036
Total assets		6,068,462	3,987,659
Liabilities			
Current liabilities			
Trade and other payables	9	118,431	105,774
Customer deposits & unidentified receipts		2,956	993
Provisions	10	81,293	52,607
Unexpended government funding		839,842	563,965
Unexpended non-government funding		19,247	163,639
Receipts in advance		391,356	107,454
Accrued audit fee		8,400	8,200
Total current liabilities		1,461,525	1,002,632
Non-current liabilities			
Provisions	10	14,208	3,412
Total non-current liabilities		14,208	3,412
Total liabilities		1,475,733	1,006,044
Net assets		4,592,729	2,981,615
Equity			
Retained surplus		4,592,729	2,981,615
Total equity		4,592,729	2,981,615

The accompanying notes form part of these financial statements

MENTAL HEALTH FIRST AID AUSTRALIA



Mental Health First Aid
Australia is a trading name of Mental
Health First Aid International
ABN: 57 153 480 436



LOCATION:
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