



PARTICIPANTS NEEDED

People who have unpaid carer, advocacy or professional experience in the field of intellectual disability and mental illness

We are inviting people from Australia, UK, Canada, Denmark, Finland, France, Germany, Ireland, The Netherlands, New Zealand, Sweden, Switzerland and the USA who have expertise in the field of intellectual disability and mental illness to be panel members in this research project. This includes unpaid carers, intellectual disability advocates and professionals with research, education or clinical experience.

AIM OF THIS RESEARCH PROJECT

To develop guidelines on how to provide mental health first aid to a person with an intellectual disability.

TIME COMMITMENT

You will be asked to complete three online surveys over about 4-6 months (so no travel or meetings!) and the total estimated time commitment is approximately 2-3 hours.

Expertise: You will be able to read and write English, be 18 years or older **AND:**

Have experience in caring (unpaid) for or providing day-to-day support to an adult or adolescent with an intellectual disability who has experienced mental health problems **AND** have had current or past engagement in activities that give you a broader exposure to the experiences of people with an intellectual disability and mental health problems, e.g. carer support or advocacy group, professional role,

OR

Be a mental health professional, disability professional, educator or researcher with at least 3 years' experience in the area of intellectual disability and mental health.

OR

Have at least 3 years' experience working or volunteering for an advocacy organisation in a formal role as an advocate in the area of intellectual disability **AND** have experience working with people with intellectual disability and mental health problems